



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Jäger, Boris

Club: CEM's Triathlonfreunde

Number: 12

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Category:

männliche AK 4 (TM 35)

Total time: 1:31:14

Rank in course/Total: 312 (of 353)

Rank in course/Men: 243 (of 269)

Best time in course: 57:23

Rank in category: 27(of 27)

Best time in the category: 59:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:28	24:56	22	4:47	199	5:29	0.50	12:28	24:56	28	4:47	269	5:29
Wechsel S -> R	-	3:09	-	23	1:39	193	1:53	0.50	15:37	31:14	28	5:42	268	7:22
Schwimmen Total	0.50	15:37	31:14	28	5:42	268	7:22	0.50	15:37	31:14	28	5:42	268	7:22
Kontrolle Rad	6.00	13:12	2:11	24	3:58	229	3:58	6.50	28:49	4:26	28	9:35	268	10:06
Kontrolle Rad	8.00	16:16	2:01	23	3:55	226	4:29	14.50	45:05	3:06	28	13:30	267	13:30
Rad Ziel	6.00	11:22	1:53	22	2:07	201	2:49	20.50	56:27	2:45	28	15:37	268	15:48
Rad Net	20.00	40:50	2:02	1	31:35	1	32:17	20.50	56:27	2:45	28	15:37	268	15:48
Wechsel R -> L	-	1:40	-	26	0:58	238	1:08	20.50	58:07	2:50	28	16:07	268	16:48
Rad Total	20.00	42:30	2:07	24	10:30	230	12:05	20.50	58:07	2:50	28	16:07	268	16:48
Kontrolle Lauf	2.40	16:15	6:46	25	7:04	250	8:25	22.90	1:14:22	3:14	27	17:46	265	25:13
Lauf Ziel	2.60	16:52	6:29	26	7:23	249	8:38	25.50	1:31:14	3:34	27	32:04	243	33:51
Lauf Total	5.00	33:07	6:37	27	15:57	252	17:03	25.50	1:31:14	3:34	27	32:04	243	33:51