



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Betsch, Meike

Total time: 1:20:37

Club: United Runners of Pfalz

Number: 71

Course: 25.50 km

Rank in course/Total: 215 (of 353)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 34 (of 84)

Best time in course: 1:08:36

Category:

Rank in category: 6(of 17)

Seniorinnen 1 (TW 40)

Best time in the category: 1:10:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	11:43	23:26	8	2:05	41	2:31	0.50	11:43	23:26	8	2:05	41	2:31
Wechsel S -> R	-	2:12	-	3	0:04	14	0:33	0.50	13:55	27:49	5	2:08	31	2:47
Schwimmen Total	0.50	13:55	27:49	5	2:08	31	2:47	0.50	13:55	27:49	5	2:08	31	2:47
Kontrolle Rad	6.00	12:41	2:06	7	1:47	38	1:52	6.50	26:36	4:05	6	3:35	32	4:39
Kontrolle Rad	8.00	15:51	1:58	8	2:19	43	2:19	14.50	42:27	2:55	7	5:54	35	6:57
Rad Ziel	6.00	11:37	1:56	8	1:32	45	1:32	20.50	54:04	2:38	7	7:26	38	8:26
Rad Net	20.00	40:09	2:00	1	30:04	1	30:04	20.50	54:04	2:38	7	7:26	38	8:26
Wechsel R -> L	-	1:00	-	8	0:19	30	0:25	20.50	55:04	2:41	7	7:38	37	8:37
Rad Total	20.00	41:09	2:03	8	5:50	42	5:50	20.50	55:04	2:41	7	7:38	37	8:37
Kontrolle Lauf	2.40	12:13	5:05	2	1:03	20	2:18	22.90	1:07:17	2:56	6	8:41	33	10:00
Lauf Ziel	2.60	13:20	5:07	5	1:53	33	2:45	25.50	1:20:37	3:09	6	10:34	34	12:01
Lauf Total	5.00	25:33	5:06	2	2:56	26	4:51	25.50	1:20:37	3:09	6	10:34	34	12:01