



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Paz, Christina

Total time: 1:29:02

Number: 76

Course: 25.50 km

Rank in course/Total: 290 (of 353)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 61 (of 84)

Best time in course: 1:08:36

Category:

Rank in category: 5(of 8)

weibliche AK 4 (TW 35)

Best time in the category: 1:18:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	12:13	24:26	7	2:57	55	3:01	0.50	12:13	24:26	7	2:57	55	3:01
Wechsel S -> R	-	3:00	-	5	1:21	50	1:21	0.50	15:13	30:26	7	2:01	52	4:05
Schwimmen Total	0.50	15:13	30:26	7	2:01	52	4:05	0.50	15:13	30:26	7	2:01	52	4:05
Kontrolle Rad	6.00	14:37	2:26	7	2:09	76	3:48	6.50	29:50	4:35	9	4:00	63	7:53
Kontrolle Rad	8.00	18:13	2:16	7	2:44	74	4:41	14.50	48:03	3:18	9	6:23	69	12:33
Rad Ziel	6.00	13:48	2:18	7	2:28	78	3:43	20.50	1:01:51	3:01	9	8:51	71	16:13
Rad Net	20.00	46:38	2:19	1	35:18	1	36:33	20.50	1:01:51	3:01	9	8:51	71	16:13
Wechsel R -> L	-	0:52	-	2	0:08	19	0:17	20.50	1:02:43	3:03	7	8:43	71	16:16
Rad Total	20.00	47:30	2:22	7	6:57	76	12:11	20.50	1:02:43	3:03	7	8:43	71	16:16
Kontrolle Lauf	2.40	12:45	5:18	3	0:49	30	2:50	22.90	1:15:28	3:17	7	9:32	68	18:11
Lauf Ziel	2.60	13:34	5:13	3	1:03	35	2:59	25.50	1:29:02	3:29	5	10:35	61	20:26
Lauf Total	5.00	26:19	5:15	3	1:52	34	5:37	25.50	1:29:02	3:29	5	10:35	61	20:26