



Detailed evaluation

Hölzer, Katrin

Club: OLV Weimar

Total time: 1:14:37

Running performance: 12:26 min/km

Course: 6.00 km / 18 Controls

Category:

D35 (Damen ab 35)

Rank in category: 3(of 4)

Best time in the category: 1:09:39

Behind: 4:58

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (41)	1:57	4	0:12	11.4	1:57	4	0:12	11.4
2 (48)	5:10	4	3:01	140.3	7:07	4	3:13	82.5
3 (61)	4:07	4	0:27	12.3	11:14	4	3:40	48.5
4 (62)	4:03	3	0:51	26.6	15:17	4	4:00	35.5
5 (65)	5:17	2	0:14	4.6	20:34	4	4:14	25.9
6 (80)	2:10	1	-	-	22:44	3	4:00	21.4
7 (76)	4:25	2	0:11	4.3	27:09	3	3:46	16.1
8 (75)	1:19	4	0:11	16.2	28:28	3	3:57	16.1
9 (77)	4:34	2	0:38	16.1	33:02	3	3:45	12.8
10 (78)	1:53	4	0:10	9.7	34:55	4	3:46	12.1
11 (72)	6:10	3	0:45	13.9	41:05	4	3:46	10.1
12 (67)	13:53	3	1:11	9.3	54:58	3	4:57	9.9
13 (68)	1:01	4	0:15	32.6	55:59	3	5:12	10.2
14 (58)	4:33	3	0:34	14.2	1:00:32	3	5:46	10.5
15 (53)	4:27	3	0:26	10.8	1:04:59	3	6:12	10.6
16 (44)	3:39	3	0:33	17.7	1:08:38	3	5:30	8.7
17 (47)	3:27	2	0:06	3.0	1:12:05	3	4:52	7.2
18 (99)	2:16	3	0:11	8.8	1:14:21	3	5:03	7.3
Finish	0:16	3	0:04	33.3	1:14:37	3	4:58	7.1