



Detailed evaluation

Friebe, Marion

Club: USV Jena

Total time: 54:19

Running performance: 13:14 min/km

Course: 4.10 km / 12 Controls

Category:

D55 (Damen ab 55)

Rank in category: 2(of 9)

Best time in the category: 54:11

Behind: 0:08

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (53)	5:04	6	1:11	30.5	5:04	6	1:11	30.5
2 (56)	4:15	1	-	-	9:19	4	0:53	10.5
3 (58)	3:54	4	0:18	8.3	13:13	3	0:59	8.0
4 (66)	6:55	2	0:19	4.8	20:08	3	1:18	6.9
5 (70)	3:30	1	-	-	23:38	2	1:01	4.5
6 (79)	2:59	1	-	-	26:37	1	-	-
7 (80)	3:54	2	0:04	1.7	30:31	1	-	-
8 (81)	0:41	2	0:05	13.9	31:12	1	-	-
9 (63)	7:21	5	0:40	10.0	38:33	1	-	-
10 (51)	5:42	2	0:37	12.1	44:15	1	-	-
11 (46)	7:04	4	0:56	15.2	51:19	1	-	-
12 (99)	2:44	3	0:29	21.5	54:03	2	0:21	0.7
Finish	0:16	2	0:01	6.7	54:19	2	0:08	0.3