



Detailed evaluation

Günther, Isabel

Club: USV Jena

Total time: 1:07:32

Running performance: 16:28 min/km

Course: 4.10 km / 12 Controls

Category:

D55 (Damen ab 55)

Rank in category: 6(of 9)

Best time in the category: 54:11

Behind: 13:21

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (53)	5:01	5	1:08	29.2	5:01	5	1:08	29.2
2 (56)	15:03	8	10:48	254.1	20:04	7	11:38	137.9
3 (58)	3:36	1	-	-	23:40	7	11:26	93.5
4 (66)	7:12	5	0:36	9.1	30:52	7	12:02	63.9
5 (70)	3:40	2	0:10	4.8	34:32	7	11:55	52.7
6 (79)	3:50	5	0:51	28.5	38:22	7	11:45	44.2
7 (80)	4:34	5	0:44	19.1	42:56	7	12:25	40.7
8 (81)	0:52	6	0:16	44.4	43:48	7	12:36	40.4
9 (63)	7:02	4	0:21	5.2	50:50	7	12:17	31.9
10 (51)	6:07	5	1:02	20.3	56:57	7	12:42	28.7
11 (46)	7:18	5	1:10	19.0	1:04:15	7	12:56	25.2
12 (99)	2:58	4	0:43	31.9	1:07:13	6	13:31	25.2
Finish	0:19	4	0:04	26.7	1:07:32	6	13:21	24.6