



## Detailed evaluation

Elsner, Danny

Club: SV TU Ilmenau

Total time: 1:08:00

Running performance: 9:26 min/km

Course: 7.20 km / 20 Controls

Category:

H35 (Herren ab 35)

Rank in category: 5(of 6)

Best time in the category: 58:04

Behind: 9:56

### Intermediate times

| Controls | Split Time | Pos Cat. | Behind Cat. | Behind % | Total Time | Pos Cat. | Behind Cat. | Behind % |
|----------|------------|----------|-------------|----------|------------|----------|-------------|----------|
| 1 (61)   | 3:54       | 4        | 0:37        | 18.8     | 3:54       | 4        | 0:37        | 18.8     |
| 2 (58)   | 3:25       | 4        | 0:39        | 23.5     | 7:19       | 4        | 1:02        | 16.5     |
| 3 (68)   | 3:11       | 2        | 0:08        | 4.4      | 10:30      | 4        | 1:05        | 11.5     |
| 4 (67)   | 0:48       | 4        | 0:09        | 23.1     | 11:18      | 4        | 1:12        | 11.9     |
| 5 (69)   | 4:28       | 4        | 0:14        | 5.5      | 15:46      | 4        | 1:23        | 9.6      |
| 6 (66)   | 2:40       | 3        | 0:14        | 9.6      | 18:26      | 4        | 1:31        | 9.0      |
| 7 (79)   | 3:57       | 4        | 0:21        | 9.7      | 22:23      | 4        | 1:50        | 8.9      |
| 8 (78)   | 2:03       | 1        | -           | -        | 24:26      | 4        | 1:27        | 6.3      |
| 9 (71)   | 3:19       | 3        | 0:33        | 19.9     | 27:45      | 4        | 2:00        | 7.8      |
| 10 (72)  | 1:47       | 2        | 0:10        | 10.3     | 29:32      | 4        | 1:37        | 5.8      |
| 11 (73)  | 3:57       | 3        | 0:20        | 9.2      | 33:29      | 3        | 1:25        | 4.4      |
| 12 (74)  | 3:03       | 5        | 0:48        | 35.6     | 36:32      | 3        | 1:44        | 5.0      |
| 13 (75)  | 1:54       | 1        | -           | -        | 38:26      | 3        | 1:44        | 4.7      |
| 14 (76)  | 1:05       | 2        | 0:06        | 10.2     | 39:31      | 3        | 1:50        | 4.9      |
| 15 (60)  | 17:57      | 5        | 7:15        | 67.8     | 57:28      | 5        | 8:24        | 17.1     |
| 16 (56)  | 3:09       | 5        | 1:30        | 90.9     | 1:00:37    | 5        | 9:54        | 19.5     |
| 17 (55)  | 1:09       | 1        | -           | -        | 1:01:46    | 5        | 9:43        | 18.7     |
| 18 (44)  | 2:15       | 3        | 0:20        | 17.4     | 1:04:01    | 5        | 9:49        | 18.1     |
| 19 (46)  | 1:52       | 4        | 0:27        | 31.8     | 1:05:53    | 5        | 9:54        | 17.7     |
| 20 (99)  | 1:46       | 2        | 0:14        | 15.2     | 1:07:39    | 5        | 9:48        | 16.9     |
| Finish   | 0:21       | 6        | 0:11        | 110.0    | 1:08:00    | 5        | 9:56        | 17.1     |