



LRL Lang Heyda  
Heyda / 07.04.2019

## Detailed evaluation

Strorandt, Christian

Club: SV Schmalkalden 04

Total time: 52:44

Running performance: 12:51 min/km

Course: 4.10 km / 12 Controls

Category:

om (mittel und schwer)

Rank in category: 1(of 4)

Best time in the category: 52:44

Behind: -

## Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (53)	4:22	1	-	-	4:22	1	-	-
2 (56)	3:52	1	-	-	8:14	1	-	-
3 (58)	2:56	1	-	-	11:10	1	-	-
4 (66)	6:54	1	-	-	18:04	1	-	-
5 (70)	3:45	2	0:36	19.1	21:49	1	-	-
6 (79)	2:55	1	-	-	24:44	1	-	-
7 (80)	4:00	1	-	-	28:44	1	-	-
8 (81)	0:53	2	0:14	35.9	29:37	1	-	-
9 (63)	6:20	2	0:40	11.8	35:57	1	-	-
10 (51)	7:48	3	0:54	13.0	43:45	1	-	-
11 (46)	6:30	1	-	-	50:15	1	-	-
12 (99)	2:06	1	-	-	52:21	1	-	-
Finish	0:23	4	0:10	76.9	52:44	1	-	-