



**Lüneburger  
Heide-Staffellauf**

100  
km

# Urkunde

## Die Zappis

### 5-10er Staffel

|        |                     |          |         |
|--------|---------------------|----------|---------|
| 317/1  | Middelbeck, Nicola  | 10.30 km | 53:58   |
| 317/2  | Bornemann, Cornelia | 13.80 km | 1:10:46 |
| 317/3  | Schütte, Götz       | 9.40 km  | 1:11:31 |
| 317/4  | Schütte, Gesa       | 8.90 km  | 53:50   |
| 317/5  | Samisch, Jacek      | 10.80 km | 1:00:48 |
| 317/6  | Zapke, Anja         | 6.90 km  | 52:51   |
| 317/7  | Becker, Timon       | 9.20 km  | 49:38   |
| 317/8  | Middelbeck, Jörg    | 10.70 km | 48:31   |
| 317/9  | Ennulat, Dennis Bo  | 10.90 km | 1:18:03 |
| 317/10 | Zapke, Ulrich       | 9.10 km  | 57:34   |

**Gesamt: 09:57:30 h**

**Platz: 58**

Lüneburg, den 15.06.2019