



5. Nikolauslauf Hofbieber

Hofbieber / 01.12.2019

Detailed evaluation

Rainer, Leo

Club: alex's little running club

Number: 108

Course: 6.12 km

Hauptlauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 33:56

Speed: 10.61 km/h

Running performance: 5:32 min/km

Rank in course/Total: 29 (of 90)

Rank in course/Women: 7 (of 44)

Best time in course: 26:47

Rank in category: 2(of 3)

Best time in the category: 33:26