



5. Nikolauslauf Hofbieber

Hofbieber / 01.12.2019

Detailed evaluation

Kadir, Rachid

Club: Hochschule Fulda

Number: 168

Course: 6.12 km

Hauptlauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 34:47

Speed: 10.35 km/h

Running performance: 5:41 min/km

Rank in course/Total: 34 (of 90)

Rank in course/Men: 27 (of 46)

Best time in course: 23:16

Rank in category: 5(of 9)

Best time in the category: 25:31