



5. Nikolauslauf Hofbieber

Hofbieber / 01.12.2019

Detailed evaluation

Hofmann, Horst

Club: Nüsttal

Number: 174

Course: 6.12 km

Hauptlauf

Category:

Senioren M65 (65-69 Jahre)

Total time: 35:04

Speed: 10.27 km/h

Running performance: 5:44 min/km

Rank in course/Total: 36 (of 90)

Rank in course/Men: 29 (of 46)

Best time in course: 23:16

Rank in category: 1(of 1)

Best time in the category: 35:04