



## 5. Nikolauslauf Hofbieber

Hofbieber / 01.12.2019

### Detailed evaluation

**Flügel, Carolin**

Club: Runnerspoint

Number: 172

Course: 6.12 km

Hauptlauf

Category:

Frauen (20-29 Jahre)

Total time: 36:55

Speed: 9.75 km/h

Running performance: 6:02 min/km

Rank in course/Total: 48 (of 90)

Rank in course/Women: 14 (of 44)

Best time in course: 26:47

Rank in category: 3(of 9)

Best time in the category: 26:47