



5. Nikolauslauf Hofbieber

Hofbieber / 01.12.2019

Detailed evaluation

Horst, Markus

Club: TGV Schotten

Number: 57

Course: 6.12 km

Hauptlauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 38:34

Speed: 9.33 km/h

Running performance: 6:18 min/km

Rank in course/Total: 57 (of 90)

Rank in course/Men: 39 (of 46)

Best time in course: 23:16

Rank in category: 5(of 6)

Best time in the category: 27:00