



5. Nikolauslauf Hofbieber

Hofbieber / 01.12.2019

Detailed evaluation

Arnold, Tony

Club: Edeka Fleck

Number: 28

Course: 6.12 km

Hauptlauf

Category:

Männer (20-29 Jahre)

Total time: 38:54

Speed: 9.25 km/h

Running performance: 6:22 min/km

Rank in course/Total: 58 (of 90)

Rank in course/Men: 40 (of 46)

Best time in course: 23:16

Rank in category: 6(of 7)

Best time in the category: 24:52