



5. Nikolauslauf Hofbieber

Hofbieber / 01.12.2019

Detailed evaluation

Eichhoff, Johannes

Number: 173

Course: 6.12 km

Hauptlauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 26:52

Speed: 13.40 km/h

Running performance: 4:23 min/km

Rank in course/Total: 6 (of 90)

Rank in course/Men: 5 (of 46)

Best time in course: 23:16

Rank in category: 2(of 4)

Best time in the category: 23:16