



## 33. Nordhäuser Silvesterlauf 2019

Nordhausen / 31.12.2019

### Detailed evaluation

Gassmann, Nicola

Total time: 26:44

Number: 110

Speed: 6.73 km/h

Running performance: 6:51 min/km

Course: 3.90 km

Rank in course/Total: 62 (of 69)

Hobbylauf

Rank in course/Women: 26 (of 29)

Best time in course: 19:11

Category:

Rank in category: 4(of 4)

Seniorinnen W45 (45-49 Jahre)

Best time in the category: 20:52