



33. Nordhäuser Silvesterlauf 2019

Nordhausen / 31.12.2019

Detailed evaluation

Nebelung, Hans-Peter

Club: VfB Werther

Number: 138

Course: 3.90 km

Hobbylauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 27:04

Speed: 6.65 km/h

Running performance: 6:56 min/km

Rank in course/Total: 64 (of 69)

Rank in course/Men: 37 (of 40)

Best time in course: 14:44

Rank in category: 2(of 3)

Best time in the category: 23:31