



33. Nordhäuser Silvesterlauf 2019

Nordhausen / 31.12.2019

Detailed evaluation

Hollandt, André

Club: HSG Universität Greifswald

Number: 51

Course: 7.00 km

Pokallauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 30:34

Speed: 13.74 km/h

Running performance: 4:22 min/km

Rank in course/Total: 10 (of 59)

Rank in course/Men: 10 (of 45)

Best time in course: 27:19

Rank in category: 2(of 10)

Best time in the category: 27:19