



33. Nordhäuser Silvesterlauf 2019

Nordhausen / 31.12.2019

Detailed evaluation

Kühne, Tilman

Club: Orthim Triathlon Team

Number: 20

Course: 7.00 km

Pokallauf

Category:

männliche Jugend U20 (18-19 Jahre)

Total time: 32:13

Speed: 13.04 km/h

Running performance: 4:36 min/km

Rank in course/Total: 17 (of 59)

Rank in course/Men: 17 (of 45)

Best time in course: 27:19

Rank in category: 2(of 2)

Best time in the category: 29:32