



## 33. Nordhäuser Silvesterlauf 2019

Nordhausen / 31.12.2019

### Detailed evaluation

Heine/Anhalt, Corina

Club: Privat

Number: 119

Course: 3.90 km

Hobbylauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 33:07

Speed: 5.44 km/h

Running performance: 8:29 min/km

Rank in course/Total: 67 (of 69)

Rank in course/Women: 29 (of 29)

Best time in course: 19:11

Rank in category: 2(of 2)

Best time in the category: 25:09