



33. Nordhäuser Silvesterlauf 2019

Nordhausen / 31.12.2019

Detailed evaluation

Fuchs, Harald

Club: Nordhausen

Number: 108

Course: 3.90 km

Hobbylauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 33:28

Speed: 5.38 km/h

Running performance: 8:35 min/km

Rank in course/Total: 68 (of 69)

Rank in course/Men: 39 (of 40)

Best time in course: 14:44

Rank in category: 3(of 3)

Best time in the category: 23:31