



33. Nordhäuser Silvesterlauf 2019

Nordhausen / 31.12.2019

Detailed evaluation

Schlesiger, Hubertus

Total time: 33:58

Number: 45

Speed: 12.37 km/h

Running performance: 4:51 min/km

Course: 7.00 km

Rank in course/Total: 19 (of 59)

Pokallauf

Rank in course/Men: 19 (of 45)

Best time in course: 27:19

Category:

Rank in category: 1(of 1)

Senioren M60 (60-64 Jahre)

Best time in the category: 33:58