



33. Nordhäuser Silvesterlauf 2019

Nordhausen / 31.12.2019

Detailed evaluation

Karl, Mina Pauline

Club: HSG Nordhausen

Number: 13

Course: 7.00 km

Pokallauf

Category:

weibliche Jugend U12 (10-11 Jahre)

Total time: 39:07

Speed: 10.74 km/h

Running performance: 5:35 min/km

Rank in course/Total: 42 (of 59)

Rank in course/Women: 7 (of 14)

Best time in course: 34:32

Rank in category: 2(of 2)

Best time in the category: 36:21