



33. Nordhäuser Silvesterlauf 2019

Nordhausen / 31.12.2019

Detailed evaluation

Zimmermann, Maik

Club: Jazzclub Nordhausen

Number: 41

Course: 7.00 km

Pokallauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 37:03

Speed: 11.34 km/h

Running performance: 5:17 min/km

Rank in course/Total: 31 (of 59)

Rank in course/Men: 29 (of 45)

Best time in course: 27:19

Rank in category: 3(of 4)

Best time in the category: 28:50