



33. Nordhäuser Silvesterlauf 2019

Nordhausen / 31.12.2019

Detailed evaluation

Schneider, Steffen

Total time: 43:12

Number: 36

Speed: 9.72 km/h

Running performance: 6:10 min/km

Course: 7.00 km

Rank in course/Total: 50 (of 59)

Pokallauf

Rank in course/Men: 41 (of 45)

Best time in course: 27:19

Category:

Rank in category: 6(of 7)

Senioren M45 (45-49 Jahre)

Best time in the category: 28:29