



## 33. Nordhäuser Silvesterlauf 2019

Nordhausen / 31.12.2019

### Detailed evaluation

**Emmelmann, Hanna**

Club: Leipzig

Number: 207

Course: 2.30 km

Schnupperlauf

Category:

Frauen (20-29 Jahre)

Total time: 14:21

Speed: 8.36 km/h

Running performance: 6:14 min/km

Rank in course/Total: 24 (of 37)

Rank in course/Women: 11 (of 18)

Best time in course: 10:39

Rank in category: 1(of 2)

Best time in the category: 14:21