



## 33. Nordhäuser Silvesterlauf 2019

Nordhausen / 31.12.2019

### Detailed evaluation

**Hartmann, Sebastian**

Club: Nordhausen

Number: 117

Course: 3.90 km

Hobbylauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 14:44

Speed: 12.22 km/h

Running performance: 3:47 min/km

Rank in course/Total: 1 (of 69)

Rank in course/Men: 1 (of 40)

Best time in course: 14:44

Rank in category: 1(of 2)

Best time in the category: 14:44