



33. Nordhäuser Silvesterlauf 2019

Nordhausen / 31.12.2019

Detailed evaluation

Bombek, Christian

Club: SV Wacker Rottleberode

Number: 170

Course: 3.90 km

Hobbylauf

Category:

Männer (20-29 Jahre)

Total time: 19:31

Speed: 9.22 km/h

Running performance: 5:00 min/km

Rank in course/Total: 5 (of 69)

Rank in course/Men: 4 (of 40)

Best time in course: 14:44

Rank in category: 1(of 3)

Best time in the category: 19:31