



33. Nordhäuser Silvesterlauf 2019

Nordhausen / 31.12.2019

Detailed evaluation

Krist, Lenka

Total time: 20:06

Number: 127

Speed: 8.96 km/h

Running performance: 5:09 min/km

Course: 3.90 km

Rank in course/Total: 10 (of 69)

Hobbylauf

Rank in course/Women: 2 (of 29)

Best time in course: 19:11

Category:

Rank in category: 1(of 2)

weibliche Jugend U14 (12-13 Jahre)

Best time in the category: 20:06