



33. Nordhäuser Silvesterlauf 2019

Nordhausen / 31.12.2019

Detailed evaluation

Szumodalsky, Emil

Club: LV Altstadt98

Number: 151

Course: 3.90 km

Hobbylauf

Category:

männliche Jugend U18 (16-17 Jahre)

Total time: 20:09

Speed: 8.93 km/h

Running performance: 5:10 min/km

Rank in course/Total: 11 (of 69)

Rank in course/Men: 9 (of 40)

Best time in course: 14:44

Rank in category: 1(of 1)

Best time in the category: 20:09