



33. Nordhäuser Silvesterlauf 2019

Nordhausen / 31.12.2019

Detailed evaluation

Lehmann, Alina

Club: TLZ/Altstadt98 Nordhausen

Number: 131

Course: 3.90 km

Hobbylauf

Category:

weibliche Jugend U16 (14-15 Jahre)

Total time: 20:33

Speed: 8.76 km/h

Running performance: 5:16 min/km

Rank in course/Total: 16 (of 69)

Rank in course/Women: 4 (of 29)

Best time in course: 19:11

Rank in category: 1(of 2)

Best time in the category: 20:33