



33. Nordhäuser Silvesterlauf 2019

Nordhausen / 31.12.2019

Detailed evaluation

Chour, Stefan

Club: Team Chour

Number: 105

Course: 3.90 km

Hobbylauf

Category:

Männer (20-29 Jahre)

Total time: 21:16

Speed: 8.46 km/h

Running performance: 5:27 min/km

Rank in course/Total: 21 (of 69)

Rank in course/Men: 14 (of 40)

Best time in course: 14:44

Rank in category: 2(of 3)

Best time in the category: 19:31