



33. Nordhäuser Silvesterlauf 2019

Nordhausen / 31.12.2019

Detailed evaluation

Markert, Steve

Club: SV Berga 1992 e.V.

Number: 135

Course: 3.90 km

Hobbylauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 21:23

Speed: 8.42 km/h

Running performance: 5:29 min/km

Rank in course/Total: 22 (of 69)

Rank in course/Men: 15 (of 40)

Best time in course: 14:44

Rank in category: 3(of 4)

Best time in the category: 17:44