



33. Nordhäuser Silvesterlauf 2019

Nordhausen / 31.12.2019

Detailed evaluation

Anders, Nico

Total time: 22:00

Number: 157

Speed: 8.18 km/h

Running performance: 5:38 min/km

Course: 3.90 km

Rank in course/Total: 28 (of 69)

Hobbylauf

Rank in course/Men: 20 (of 40)

Best time in course: 14:44

Category:

Rank in category: 2(of 6)

Senioren M40 (40-44 Jahre)

Best time in the category: 21:59