



33. Nordhäuser Silvesterlauf 2019

Nordhausen / 31.12.2019

Detailed evaluation

Krist, Andrea

Total time: 22:02

Number: 126

Speed: 8.17 km/h

Running performance: 5:39 min/km

Course: 3.90 km

Rank in course/Total: 29 (of 69)

Hobbylauf

Rank in course/Women: 9 (of 29)

Best time in course: 19:11

Category:

Rank in category: 2(of 2)

weibliche Jugend U16 (14-15 Jahre)

Best time in the category: 20:33