



33. Nordhäuser Silvesterlauf 2019

Nordhausen / 31.12.2019

Detailed evaluation

Roßberg, Claus Peter

Club: FDP Nordhausen Freie Demokraten
Number: 164

Course: 3.90 km

Hobbylauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 22:20

Speed: 8.06 km/h

Running performance: 5:44 min/km

Rank in course/Total: 31 (of 69)

Rank in course/Men: 22 (of 40)

Best time in course: 14:44

Rank in category: 2(of 4)

Best time in the category: 21:55