



33. Nordhäuser Silvesterlauf 2019

Nordhausen / 31.12.2019

Detailed evaluation

Schmidt, Mike

Total time: 22:43

Number: 169

Speed: 7.92 km/h

Running performance: 5:49 min/km

Course: 3.90 km

Rank in course/Total: 35 (of 69)

Hobbylauf

Rank in course/Men: 24 (of 40)

Best time in course: 14:44

Category:

Rank in category: 4(of 6)

Senioren M40 (40-44 Jahre)

Best time in the category: 21:59