



33. Nordhäuser Silvesterlauf 2019

Nordhausen / 31.12.2019

Detailed evaluation

Kronberger, Stefan

Club: TSG Krimderode

Number: 128

Course: 3.90 km

Hobbylauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 22:29

Speed: 8.01 km/h

Running performance: 5:46 min/km

Rank in course/Total: 33 (of 69)

Rank in course/Men: 23 (of 40)

Best time in course: 14:44

Rank in category: 3(of 6)

Best time in the category: 21:59