



33. Nordhäuser Silvesterlauf 2019

Nordhausen / 31.12.2019

Detailed evaluation

Flöder, Petra

Total time: 24:18

Number: 107

Speed: 7.41 km/h

Running performance: 6:14 min/km

Course: 3.90 km

Rank in course/Total: 44 (of 69)

Hobbylauf

Rank in course/Women: 16 (of 29)

Best time in course: 19:11

Category:

Rank in category: 1(of 1)

Seniorinnen W60 (60-64 Jahre)

Best time in the category: 24:18