



33. Nordhäuser Silvesterlauf 2019

Nordhausen / 31.12.2019

Detailed evaluation

Börsch, Patrick

Club: Kreissportbund Nordhausen e.V.

Number: 175

Course: 3.90 km

Hobbylauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 24:11

Speed: 7.44 km/h

Running performance: 6:12 min/km

Rank in course/Total: 43 (of 69)

Rank in course/Men: 28 (of 40)

Best time in course: 14:44

Rank in category: 6(of 6)

Best time in the category: 21:59