



## 33. Nordhäuser Silvesterlauf 2019

Nordhausen / 31.12.2019

### Detailed evaluation

**Lange, Mathias**

Club: Pirelli-Riders

Number: 165

Course: 3.90 km

Hobbylauf

Category:

Männer (20-29 Jahre)

Total time: 24:48

Speed: 7.26 km/h

Running performance: 6:22 min/km

Rank in course/Total: 51 (of 69)

Rank in course/Men: 32 (of 40)

Best time in course: 14:44

Rank in category: 3(of 3)

Best time in the category: 19:31