



33. Nordhäuser Silvesterlauf 2019

Nordhausen / 31.12.2019

Detailed evaluation

Ramtke, Gustav

Total time: 25:13

Number: 163

Speed: 7.14 km/h

Running performance: 6:28 min/km

Course: 3.90 km

Rank in course/Total: 53 (of 69)

Hobbylauf

Rank in course/Men: 33 (of 40)

Best time in course: 14:44

Category:

Rank in category: 5(of 5)

männliche Jugend U16 (14-15 Jahre)

Best time in the category: 17:53