



## 33. Nordhäuser Silvesterlauf 2019

Nordhausen / 31.12.2019

### Detailed evaluation

**Köhler, Annett**

Club: Nordhausen

Number: 123

Course: 3.90 km

Hobbylauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 25:27

Speed: 7.07 km/h

Running performance: 6:32 min/km

Rank in course/Total: 55 (of 69)

Rank in course/Women: 22 (of 29)

Best time in course: 19:11

Rank in category: 4(of 5)

Best time in the category: 19:11