



33. Nordhäuser Silvesterlauf 2019

Nordhausen / 31.12.2019

Detailed evaluation

Nebelung, Kerstin

Club: VfB Werther

Number: 139

Course: 3.90 km

Hobbylauf

Category:

Seniorinnen W55 (55-59 Jahre)

Total time: 25:39

Speed: 7.02 km/h

Running performance: 6:35 min/km

Rank in course/Total: 57 (of 69)

Rank in course/Women: 24 (of 29)

Best time in course: 19:11

Rank in category: 2(of 3)

Best time in the category: 22:44