



33. Nordhäuser Silvesterlauf 2019

Nordhausen / 31.12.2019

Detailed evaluation

Rothhagen, Sven

Number: 147

Course: 3.90 km

Hobbylauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 25:55

Speed: 6.95 km/h

Running performance: 6:39 min/km

Rank in course/Total: 59 (of 69)

Rank in course/Men: 35 (of 40)

Best time in course: 14:44

Rank in category: 3(of 4)

Best time in the category: 21:55