



31. Ohratalsperrenlauf  
Streitberg-Arena Luisenthal / 31.08.2019

Detailed evaluation

Trubjansky, Heiko

Club: Luisenthal  
Number: 16

Course: 13.00 km  
13 km-Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:14:33

Speed: 10.46 km/h  
Running performance: 5:44 min/km

Rank in course/Total: 11 (of 14)

Rank in course/Men: 9 (of 10)

Best time in course: 1:00:24

Rank in category: 3(of 3)

Best time in the category: 1:00:24