



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

Einsamrennergenossenschaft

Total time: 16:09:26

Number: 563

Speed: 10.40 km/h

Running performance: 5:44 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 159 (of 225)

Best time in course: 10:38:22

Category:

Rank in category: 33(of 66)

Mixstaffel

Best time in the category: 11:54:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	fehlt!	-	-	-	-	-	15.02	-	-	-	-	-	-
Kleiner Inselsber	18.94	fehlt!	-	-	-	-	-	33.96	-	-	-	-	-	-
Neue Ausspanne	13.90	4:06:00	17:41	65	3:01:00	223	3:18:46	47.86	4:06:00	5:08	9	33:44	225	1:09:05
Grenzdler	13.68	1:17:00	5:37	19	13:54	108	23:57	61.54	5:23:00	5:14	11	40:43	225	1:33:02
Allzunah	19.96	fehlt!	-	-	-	-	-	81.50	-	-	-	-	-	-
Masserberg	17.89	4:04:00	13:38	65	3:01:03	223	3:01:03	99.39	9:27:00	5:42	24	2:10:00	139	3:11:00
Neuhaus	19.86	1:55:09	5:47	40	44:47	149	44:47	119.25	11:22:09	5:43	31	2:53:54	145	3:42:56
Schildwiese	13.54	1:15:47	5:35	21	14:27	127	34:09	132.79	12:37:56	5:42	26	3:08:15	225	4:09:49
Grumbach	18.58	1:54:04	6:08	53	44:22	199	48:50	151.37	14:32:00	5:45	33	3:52:37	211	4:58:25
Blankenstein	17.60	1:37:26	5:32	28	23:57	130	33:42	168.97	16:09:26	5:44	33	4:14:30	159	5:31:04