



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

Polizeimädels

Total time: 16:03:34

Number: 4

Speed: 10.46 km/h

Running performance: 5:42 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 153 (of 225)

Best time in course: 10:38:22

Category:

Rank in category: 4(of 12)

Frauenstaffel

Best time in the category: 12:46:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:16:41	5:06	4	12:02	106	24:44	15.02	1:16:41	5:06	4	12:02	222	24:44
Kleiner Inselsber	18.94	1:46:50	5:38	5	19:29	111	30:38	33.96	3:03:31	5:24	4	21:48	222	53:50
Neue Ausspanne	13.90	1:10:09	5:02	3	11:18	60	22:55	47.86	4:13:40	5:18	4	33:03	225	1:16:45
Grenzadler	13.68	1:19:04	5:46	7	17:30	129	26:01	61.54	5:32:44	5:24	4	46:10	225	1:42:46
Allzunah	19.96	2:09:17	6:28	10	41:32	211	56:50	81.50	7:42:01	5:40	4	1:27:42	223	2:33:53
Masserberg	17.89	1:49:59	6:08	6	27:18	163	47:02	99.39	9:32:00	5:45	4	1:55:00	225	3:16:00
Neuhaus	19.86	1:58:27	5:57	6	24:19	168	48:05	119.25	11:30:27	5:47	4	2:19:19	225	3:51:14
Schildwiese	13.54	1:11:35	5:17	8	13:30	94	29:57	132.79	12:42:02	5:44	4	2:32:49	225	4:13:55
Grumbach	18.58	1:45:58	5:42	8	25:22	168	40:44	151.37	14:28:00	5:44	4	2:57:20	152	4:54:25
Blankenstein	17.60	1:35:34	5:25	7	20:08	123	31:50	168.97	16:03:34	5:42	4	3:17:28	153	5:25:12