



# 21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

## Detailed evaluation

Flachlandläufer

Total time: 16:03:54

Number: 551

Speed: 10.46 km/h

Running performance: 5:42 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 154 (of 225)

Best time in course: 10:38:22

Category:

Rank in category: 31(of 66)

Mixstaffel

Best time in the category: 11:54:56

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Hohe Sonne	15.02	1:22:48	5:30	44	21:35	162	30:51	15.02	1:22:48	5:30	44	21:35	222	30:51	
Kleiner Inselsber	18.94	1:57:40	6:12	48	34:03	179	41:28	33.96	3:20:28	5:54	47	53:29	222	1:10:47	
Neue Ausspanne	13.90	1:17:23	5:34	14	12:23	111	30:09	47.86	4:37:51	5:48	42	1:05:35	225	1:40:56	
Grenzdler	13.68	1:17:52	5:41	23	14:46	120	24:49	61.54	5:55:43	5:46	32	1:13:26	225	2:05:45	
Allzunah	19.96	2:10:12	6:31	60	57:45	214	57:45	81.50	8:05:55	5:57	47	2:07:51	223	2:57:47	
Masserberg	17.89	1:28:05	4:55	9	25:08	44	25:08	99.39	9:34:00	5:46	30	2:17:00	159	3:18:00	
Neuhaus	19.86	1:36:31	4:51	11	26:09	40	26:09	119.25	11:10:31	5:37	22	2:42:16	225	3:31:18	
Schildwiese	13.54	1:16:15	5:37	23	14:55	130	34:37	132.79	12:26:46	5:37	21	2:57:05	225	3:58:39	
Grumbach	18.58	1:53:14	6:05	52	43:32	194	48:00	151.37	14:20:00	5:40	28	3:40:37	140	4:46:25	
Blankenstein	17.60	1:43:54	5:54	44	30:25	178	40:10	168.97	16:03:54	5:42	31	4:08:58	154	5:25:32	